



The Methodist Church
Camborne Wesley Methodist Church
Meals on Wheels Service

Co-ordinator: - Mrs Tracey Hunt, CWMC – MOW, Chapel Street, Camborne TR14 8EG
Phone 01209-610044, *Email* mow@cambornewesleymethodists.co.uk

Thank you for interest in our Meals on Wheels service – a full menu, together with special deals and prices, is shown below.

Delivery – our meals are delivered by our team of volunteer drivers between 12.00 noon and 1.15 pm Monday to Friday.

Ordering – Final orders for meals (or changes to a previously made order) must be with us by 1.30 pm on the previous working day. Our phones are normally manned between 11.30 am and 1.30 pm, but messages may be left on the Ansa phone, providing they are received by 1.30 pm.

Allergens and special dietary requirements – we provide meals that are personally prepared for each of our clients **BUT** the responsibility is with the client to advise us of any allergens or dietary requirements. If these change in the future – it is your responsibility to advise us.

Payment – you may choose to pay weekly (by card or cheque) or monthly by (BACS or cheque)

To set up a delivery of meals, or for further information please either email mow@cambornewesleymethodists.co.uk or phone 01209-610044 (Option 1)

MEALS ON WHEELS MENU

DAILY CHOICE

Extra Small	£4.55
Small	£5.00
Medium	£5.30
Large	£6.25

NEW.....

Daily deal £9.00

Main meal (maximum spend £5.30),
Sandwiches and dessert

Monday Sausage & Onion with gravy
Braised Steak
Chicken
Fish, chips & peas
Variety of salads

Also, now available every day (Monday – Friday)

Chicken Curry with chips)
Chicken Curry with jacket potato) Small £5.00
Lasagne with Chips or salad) Medium £5.30
Scampi with chips or salad) Large £6.25

Tuesday Roast Beef
Chicken
Fish, chips & peas
Ham, chips & peas
Variety of salads

Crispy BBQ chicken wrap
with chips or salad £4.65
Garlic mushrooms
with chips or salad £4.50

Soup with bread Roll £2.90

Wednesday Cottage Pie
Braised Steak
Chicken
Fish, chips & peas
Ham, chips & Peas
Variety of salads

Dessert (daily selection)
If delivered with main meal £2.50

Thursday Roast Pork
Braised Steak
Fish, chips and peas
Ham, chips and peas
Variety of salads

Sandwiches

(state white or brown bread when ordering)
If delivered with main meal £2.40

Friday Beef Pie
Braised Steak
Chicken
Fish, chips & peas
Ham, chips and peas
Variety of salads

- Ham
- Cheese
- Salmon
- Egg Mayonnaise
- Chicken

*Add your choice of tomato, cucumber, lettuce,
coleslaw, pickle or mustard*

*Why not order an extra salad for
Saturday?*

Salads available –

Home cooked ham, Cheese, Salmon, Chicken, Plaice, Egg Mayonnaise