



The Methodist Church
Camborne Wesley Methodist Church
Meals on Wheels Service

Co-ordinator: - Mrs Tracey Hunt, CWMC – MOW, Chapel Street, Camborne TR14 8EG
Phone 01209-610044, *Email* cambornewesley.mow@gmail.com

Thank you for interest in our Meals on Wheels service – a full menu, together with special deals and prices, is shown below.

Delivery – our meals are delivered by our team of volunteer drivers between 12.00 noon and 1.15 pm Monday to Friday .

Ordering – Final orders for meals (or changes to a previously made order) must be with us by 1.30 pm on the previous working day. Our phones are normally manned between 11.30 am and 1.30 pm, but messages may be left on the Ansa phone, providing they are received by 1.30 pm.

Allergens and special dietary requirements – we provide meals that are personally prepared for each of our clients **BUT** the responsibility is with the client to advise us of any allergens or dietary requirements. If these change in the future – it is your responsibility to advise us.

Payment – you may choose to pay weekly (cheques are preferred) or monthly by (BACS or cheque)

To set up a delivery of meals, or for further information please either email cambornewesley.mow@gmail.com or phone 01209-610044 (Option 1)

MEALS ON WHEELS MENU

(wef 6th September 2021)



DAILY CHOICE

Extra Small	£4.80
Small	£5.30
Medium	£5.50
Large	£6.50

PLEASE, Remember

Orders and changes to orders
must be placed
24 hours in advance
Ring 01209-612786 (Option 1)

Monday Sausage & Onion with gravy
Braised Steak
Chicken
Fish, chips & peas
Variety of salads ●

Also, now available every day (Monday – Friday)

Chicken Curry with chips)
Chicken Curry with jacket potato) ExtraSmall £4.80
Lasagne with Chips or salad) Small £5.30
Scampi with chips or salad) Medium £5.50
Large £6.50

Tuesday Roast Beef
Chicken
Fish, chips & peas
Ham, chips & peas
Variety of salads ●

The following main courses come in just one size

Crispy BBQ chicken wrap £5.50
with chips or salad
Garlic mushrooms £5.50
with chips and salad
NEW Pizza, chips and salad £5.50
NEW Stew with dumpling £5.50

Wednesday Cottage Pie
Braised Steak
Chicken
Fish, chips & peas
Ham, chips & Peas
Variety of salads ●

The following items will incur an additional 40p delivery charge per customer if not delivered with a main course

Dessert (daily selection) £2.50
Soup with bread Roll £2.90
NEW Fishfinger Bap £2.50

Thursday Roast Pork
Braised Steak
Fish, chips and peas
Ham, chips and peas
Variety of salads ●

Sandwiches or Filled rolls £2.40

(state white or brown bread when ordering)

Ham – Cheese – Salmon
Egg Mayonnaise - Chicken

Add your choice of tomato, cucumber, lettuce,
coleslaw, pickle or mustard

Friday Beef Pie
Braised Steak
Chicken
Fish Chips & Peas
Variety Of Salads ●

● **Salads available** – Home cooked ham, Cheese, Salmon
Chicken, Plaice, Egg Mayonnaise

Why not order an extra salad for Saturday?

Vegan and vegetarian diets can be catered for

It is your responsibility to keep us updated with your current allergens or dietary requirements.

FOOD ALLERGIES and INTOLERANCES

Please speak to our staff about the ingredients in your meal, when making your order. Thank you.

PLEASE remember

Orders and changes to orders must be placed 24 hours in advance

Phone 01209-612786 (Option 1, for Meals on Wheels)

Email cambornewesley.mow@gmail.com

Camborne Wesley Methodist Church
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Registered Charity 1127807